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## Side-By-Side Pics Of Celebs Who Ditched Botox

Shreya Mali | April 30, 2026



It probably comes as no surprise that Botox use has shown no signs of declining in the 2020s. Statistics compiled by the American Society of Plastic Surgeons showed that the number of people in their 20s getting neuromodulator injections like Botox grew by 71% between 2019 and 2022. What's more is that even the number of people 19 and under getting Botox injections jumped by a whopping 75%. To some extent, that sharp rise can be attributed to social media use.

During a chat with CNN, [Steven Williams](#), plastic surgeon and president of the American Society of Plastic Surgeons, explained, "Social media is incredibly powerful, and it really has worked its way to the consciousness of everyone but particularly younger females." Dr. Williams then cautioned about the social media messaging surrounding plastic surgery, noting, "It's important to realize that we're being sold something. We're being used a little bit." A 2024 study in *The Journal of Clinical and Aesthetic Dermatology* found that people who followed celebrities and influencers on social media were far more likely to go under the knife.

Neelam Vashi, a Boston University medical school associate professor of dermatology and corresponding author on the study, stated that the heart of the issue lay in self-esteem. According to her, a person may feel a lack in themselves after seeing an edited image of a celebrity online and subsequently be compelled to get some work done. In an attempt to put an end to unrealistic beauty standards that compel people to get cosmetic tune-ups, many celebrities have openly said that Botox isn't all that it's chalked up to be.

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