

## WELL + GOOD

### Shoppers Say This 'Rescue' Spray 'Transformed' Their Skin Just After 10 Days— Here's Why Derms Love It

Jessie Quinn | March 5, 2023



PHOTO: GETTY IMAGES/ WESTEND61

Albeit rooted in chemistry (and quality ingredients), there's something truly magical about a skin-care product that yields outstanding results. That's what it's like to use the Tower 28 SOS Daily Rescue Facial Spray (\$28), a skin-care superstar that shoppers claim "transformed" their skin after only 10 days of use. The facial spray first garnered buzz for its ability to address maskne (aka, acne around the mouth and cheeks caused by wearing face masks) but continues to reign as one of the best skin-care products for breakouts, stressed-out skin, and replenishing the complexion with a boost of hydration, too.



Tower 28, SOS Daily Rescue Facial Spray – \$28.00

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“I found this product on Instagram, read the reviews, and decided to give it a try. My skin looks transformed after 10 days. My skin is greatly improved, redness is gone, and my skin feels great. I have aging, oily skin that’s still acne-prone, and this product not only didn’t break me out, but has eliminated the small breakout I was having. I’m in love,” one shopper says on Tower 28’s website.

Another claims that it helped clear their skin after a few days: “I will never be without this. Don’t ever change the formula! My skin is so clear and soft after just a few days. This cleared my chin skin. This cleared a contact dermatitis rash I’ve had for 2 months when nothing else has worked. The biggest test was I had some laser hair removal done on my face, and I used this afterwards. It healed the irritation and I didn’t get any breakouts, which I pretty much always get. Truly I don’t care what this stuff is, it’s amazing.”

Given how well it works, the facial spray has received hundreds of rave reviews from customers of all skin types, prompting us to ask top skin-care experts what makes it so effective. Spoiler: It’s thanks to one highly beneficial ingredient (and, no, it’s not pixie dust).

### **Tower 28 SOS Daily Rescue Facial Spray review**

With so many (and we mean so many) skin-care products on the physical and virtual shelves of our favorite beauty suppliers, it’s not every day that we come across a formula that blows us away. But, the Tower 28 SOS Daily Rescue Facial Spray reviews were hard to ignore—and completely accurate, according to skin experts. “SOS Daily Rescue Facial Spray works to combat bacteria by using diluted hypochlorous acid, so it decreases breakouts and irritation/redness in the skin,” says Dr. Kimberly Lee, a board-certified celebrity facial plastic surgeon. “While each person’s skin will react differently to products because of sensitivity to certain ingredients or combinations of ingredients, it’s rare to find a product that works well for everyone,” she notes.

One reason why the SOS Daily Rescue Facial Spray works so well for most people is because of said inclusion of hypochlorous acid. “Hypochlorous acid can be found naturally in the body, particularly in the white blood cells, to help fight against foreign bodies and bacteria,” Dr. Marisa Garshick, MD, a board-certified dermatologist explains. This ingredient has antimicrobial and anti-inflammatory properties, too, which make it a good match for stressed-out skin. Additionally, Dr. Lee says the key skincare ingredient is also considered a disinfectant, which can address skincare woes like acne, eczema, and psoriasis. “Unlike other disinfectants that are toxic, hypochlorous acid is inherently harmless,” she notes.

Another thing that makes the facial spray so noteworthy is that it’s safe for all skin types. “Because hypochlorous acid is something that is produced within our bodies, the concern would be for any additional ingredients that can be irritating or abrasive to the skin,” Dr. Lee explains. “The Rescue Facial Spray is hypo-allergenic, non-comedogenic, and gluten-free, so it eliminates a lot of skin sensitivity concerns, thus appealing to a wider range of skin types.”

Thanks to its antibacterial properties, Dr. Garshick says it's also an excellent product for post-workout skin-care routines, as it can help keep skin refreshed and combat acne-causing bacteria. She adds that, since it helps repair the skin, it is also great for strengthening and soothing the skin and can target redness and inflammation, too. "It has a seal of acceptance from the National Eczema Association, making it a great option for those with sensitive skin, too," Dr. Garshick adds.

One customer calls it their "Holy grail mist," saying, "I use it in between steps of my skin care routine. I use it in my hair to help with my oily scalp and it has reduced my oily hair over time. I've used it on dry irritated winter hands. I've used it on razor burn. Use it to mist my face before doing Gua Shua. Use it as makeup prep and setting spray. It does everything. I have oily acne prone skin and it does not irritate and soothes my redness."

So, if you haven't already, we highly suggest stocking up (hot tip: keep one in your car post-workout!). Your skin will thank you.

<https://www.wellandgood.com/tower-28-sos-daily-rescue-spray/>