

InStyle

All the New Fillers You Need to Know About, and What's Launching Soon

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A new offering of injectables, fillers, and treatments is kicking off 2023 in the best way possible. While the OG favs aren't about to be relegated to the backstock closet of your dermatologist's office anytime soon, some of these newly FDA-approved products — as well as others on the horizon — are sure to shake up the world of anti-aging as you currently know it.

What else is new:

Exciting as it is to have new options to choose from, some of the classic anti-aging stand-bys are improving, too.

- **Renuva** doubles as a post-laser skin healer

Renuva is a treatment that restores volume loss in the face, hands and body by prompting the body to make fat with the most bioidentical source to replicate volume. Lisa Goodman, PA and the founder of GoodSkin Clinics, also likes using it as a skin treatment to help laser patients heal faster beyond its intended uses.

Goodman injects Renuva under the skin right after a laser, which she says helps amplify the results and speed up healing due to the growth factors in the treatment. "I'm using it more like a wash, especially on the neck, which is difficult to treat." No one wants a fat-looking neck, which is why Goodman says overdiluting Renuva becomes more like a collagen treatment without producing a lot of fat in the area.

"It gives the skin this glowing-from-within effect, like that estrogen-y glow that happens during pregnancy, and that's something you don't see from fillers," she says. Goodman recommends 'washing' the skin with Renuva every four to six months to make the skin healthy and bright.

There are also rumblings of it being used off-label in the lips and eyes and anywhere on the body where fat needs to be replicated for additional volume.

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