



The Innovators
Big Ideas That Change Lives & Communities

V PAMPER Medspa Total Glow CEO Terrie Absher Kochman takes a holistic approach to her studio's skin and body treatments, using ayurveda practices that support emotional and spiritual health while detoxifying and rejuvenating the body. Just in time for the skin affected by winter weather, Total Glow has released a new natural treatment—the Bee Well Facial. “Our ingredients are freshly sourced from our local, bee-friendly farm that focuses on the health and wellness of their honey bees and only takes surplus honey and pollen,” says Kochman. Using locally sourced bee pollen, white lotus sourced from India, white truffles sourced from Italy and authentic saffron from Iran, this vitamin-packed treatment addresses a variety of problems—from acne to uneven pigmentation—leaving skin looking radiant. 1906 El Camino Real, Ste. 102, Menlo Park, 650.409.1200, totalglow.com



Licensed medical esthetician and founder of Total Glow Terrie Absher Kochman

Shelly Kapoor Collins and Nooshveen Hashemi at Rosewood Sand Hill

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