

# SHAPE



The Shape 2021 Skin Awards Will Give You the Glow-Up This Year Needs  
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## Advanced Smoothers

New injectable to soften wrinkles and contour the face and body are ushering in the advanced phase of natural results. RHA Collection's three new resilient hyaluronic acid fillers (Buy It, from \$1,000 per syringe, rhacollection.com) are manufactured so that they'll move with your facial expressions and last for up to 15 months. "I use them in the cheeks and around the mouth, and they give such a smooth look," says Dr. Hale.

**Renuva** (Buy It, from \$1,040, myrenuva.com) is an injectable that stimulates your own body to make more fat. "It provides beautiful support, especially in areas like the face, knees, and shoulders," says Dr. Marmur. The treatment is created from allograft adipose tissue derived from deceased-donor fat. When injected, it forms a framework that dissolves in about three months, while your plumper, firmer skin remains intact.

Support your investments with formulas that encourage your body's collagen production. Adding Youtheory Collagen Powder (Buy It, \$12, amazon.com) to a beverage provides 6,000 milligrams of hydrolyzed collagen. For two weeks before and after a treatment, apply the unique combination of peptides in Alastin Skincare Regenerating Skin Nectar (Buy It, \$195, alastin.com) to improve results and accelerate healing.

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