

Women's Health

The 11 Best Cleansers For Every Skin Type, According To Dermatologists

Do not skip this crucial step.

By Daley Quinn | July 25, 2019



Cleansing your face is arguably the most important step in any skincare routine. “Besides makeup, there are many environmental aggressors, like pollution and bacteria, which can cause rapid aging if left on the skin,” says Dendy Engelman, MD, a board-certified dermatologist in NYC. “It is important to wash these impurities away every single day.”

Other than rapid aging, an uncleansed face can lead to other skin issues over time. “When impurities are left in the skin, such as make up dirt or debris, this can cause chronic inflammation and lead to breakouts, redness or rosacea flares, congested pores, and other skin problems,” says [Anna Guanche](#), MD, a board-certified dermatologist and celebrity beauty expert.

With so many different options out on the market, it can be tough to figure out which is the best facial cleanser for your skin type. Here, Dr. Engelman and [Dr. Guanche](#) dish on the 11 best cleansers for every skin type.

2. Best Cheaper Cleanser
Cetaphil Gentle Skin Cleanser



"It's inexpensive, highly effective, and has been used in the derm world for ages. It also can be used as a makeup remover and can be gently wiped off without using water—super versatile and affordable." —Dr. Guanche

3. Best Cleanser for Makeup Removal Bioré Charcoal Cleaning Micellar Water



"I personally love the micellar water by Bioré because it traps makeup on a cotton ball and effectively removes it with less scrubbing and wiping than usual, which leads to fewer fine lines and wrinkles over time." —Dr. Guanche

5. Best Oil Cleanser Tata Harper Nourishing Oil Cleanser



“This oil cleanser utilizes vitamins, mineral, antioxidants, and other natural sources to remove makeup, dirt, and build-up, as well as soothe and soften the skin.” —Dr. Guanche

7. Best Cleansing Balm goop Luminous Melting Cleanser



“This cleanser is a great beauty cleansing balm that melts into the skin and leaves it soft and glowing. It’s made of almond, olive, cocoa, coconut, and shea oils, and is great to remove makeup, dirt, and oil.” —Dr. Guanche

9. Best Natural Cleanser Youth to the People Kale + Green Tea Spinach Vitamins Superfoods Cleanser



“This cleanser is made of superfoods and is formulated with cold-pressed antioxidants extracted from kale, spinach, and green tea. This brand has a great following and people swear by their products.” —Dr. Guanche

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