



Harper's BAZAAR

The 20 Best Instant Anti-Aging Beauty Secrets

How to look and feel your best at any age.

By Harper's Bazaar Staff | June 24, 2019



20. Reach For Retin-A

Most dermatologists will tell you that the key ingredient to smooth and firm skin is retin-A. "This hands-down is my number-one favorite for building collagen and diminishing fine lines and wrinkles," says dermatologist **Anna Guanche**. "It also helps with acne and can actually help remodel acne scars in the long run." If you want something you can find at Sephora, Ulta, or just over-the-counter, she says to look for retinol in the ingredient list as retin-A is usually prescribed. Try something like RoC Retinol Correxion Daily Hydration Creme.



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