

# Women's Health

I Spent Two Weeks Using Dermatologist Skincare - This Is What It Did to My Face

Investigating 2019's most seismic beauty trend

By Rebecca Fearn | April 17, 2019



The 2019th year of our lord is the year of the dermatologist skincare brand.

While doctors who specialise in your complexion have been formulating their own potent concoctions for years, now marks the start of turbo-charged products that bend and blur the clinic/ home line in ever wavier ways.



Board-certified dermatologist **Dr Anna Guanche** comments that she's noticed her clients asking for things like at-home red light devices (said to have an anti-ageing affect).



Similarly, while Dr Gross explains he is seeing sussed-up skincare fans using products such as 'specific problem targeting serums and at-home devices.'

Dermatologist skincare: can it live up to the hype?

But do they actually make a difference to skin, in comparison to our 'regular' products? If, like me, you're looking to nix uneven skin tone, minor blemish issues and to pump up your face's 'glow', can they help you on your merry way?

And, given that these formulas are often hitting the £100+ mark – are they even worth the cash?

<https://www.womenshealthmag.com/uk/beauty/skin/a27083543/dermatologist-skincare/>