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The Real Pros & Cons of Injectables, From Women Who've Used Them For 5+ Years

By Kathryn Kattalia | April 3, 2019



If you're thinking of getting injectables for the first time, chances are you have a few questions. This is your face, after all — you don't want to let a stranger start poking around with a needle before you've had a chance to do your research. The pros and cons of injectables vary depending on what type of procedure you're doing, but experts say one of the biggest advantages to using temporary fillers and muscle-relaxing treatments is that it's just so easy — the whole process usually only takes a few minutes, with no major recovery time needed.

Con: It Can Sometimes Take A Few Tries To Get Your Look Just Right

The good news is, if you do walk out of an appointment with a look you don't love, hyaluronic acid-based fillers are easy to reverse. "The biggest advantage is that HA-based fillers can be dissolved," **Dr. Anna Guanche**, board-certified dermatologist and celebrity beauty expert at the Bella Skin Institute in Calabasas, tells TZR. "This is a great option for many patients as facial filler trends come and go. People who got the big Kylie Jenner lips back in the day who now want a subtle pillowy pout are able to achieve that look through hyaluronidase injections, which dissolves hyaluronic acid fillers."

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