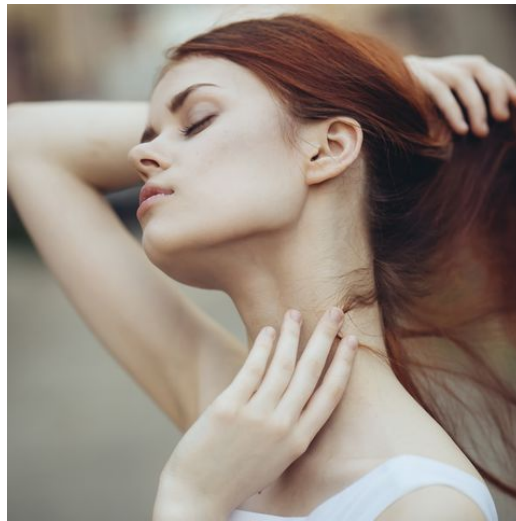


# ELLE

## The Dermatologist-Approved Guide for Safely Removing Skin Tags

BY Katie Davidson | April 15, 2019



What are treatment options?

Cutting

“If a skin tag is on a stalk, it can be easily snipped off with a sterile pair of scissors,” says dermatologist **Anna Guanche**. Goldman adds, “We usually do a snip excision, numbing the tag with a drop of 1% lidocaine [beforehand].”

Freezing

“If the skin tag is flatter and broader at the base,” continues Guanche, “it may be easier to spray that tag off with liquid nitrogen.” Liquid nitrogen freezes the skin to burn off the excess growth.

<https://www.elle.com/beauty/makeup-skin-care/a27150196/skin-tag-removal-how-to/>