

# the klog

## How Five Retinol Alternatives Compare to the Real Thing

By Wendy Gould. February 5, 2019



Whether you have sensitive skin or would rather shop your own skin care stash than add a new product to the mix, discover five anti-aging and acne-fighting alternatives for retinol below.

If you've poked around beauty retail shelves, scrolled through skin care-centric Insta channels, or have perused any beauty magazine in the last few months then you've probably noticed that retinol, a longtime dermatologist favorite, is having a major mainstream moment.

When we interviewed **Dr. Anna Guanche** several months ago, she told us that retinol is considered "the most powerful anti-aging topical known to us at this time." It not only prevents damage and fine lines, but also reverses it. Retinol is also a powerful acne treatment.

<https://theklog.co/retinol-alternatives-bakuchiol/>