



## 8 Skin-Perfecting Silver Skin Care Products

The surprising ingredient isn't just for jewelry

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Gold-infused skin care has been around for a while. The luxe ingredient is known to have anti-aging, anti-inflammatory and antioxidant properties, amongst others. But did you know silver is also a beneficial skin care ingredient? And it's about more than blingy Insta-worthy beauty bait

### Skin Care Benefits of Silver

Colloidal silver (small nanoparticles of the element suspended in water) has been used for centuries on skin because of its healing properties, says Dr. Purvisha Patel, board-certified dermatologist and founder of Visha Skincare. Victoria Lewis, medical aesthetician at Tribeca MedSpa, adds that silver has anti-inflammatory, antimicrobial and wound-healing properties and studies show its benefits as a topical ingredient.

Silver is also antiviral and antifungal, and the ions it releases are antibacterial, says **Dr. Anna Guanche**, board-certified dermatologist and celebrity beauty expert. These properties make it great for healing and targeting inflammation. It's suited for treating acne, scarring, irritation and fighting the signs of aging

<https://www.totalbeauty.com/content/slideshows/silver-skin-care-190117/page1>