

## 10 Lip Masks That'll Help You Survive Even the Coldest, Driest Months

By Brigitt Early | December 18, 2018



When the cold weather wreaks havoc on your lips, your regular ol' balm isn't going to cut it. You need something packed with powerful moisturizing ingredients like vitamin E, peptides, and almond oil to protect your delicate skin from further damage. Though they might sound like an unnecessary expense, lip masks will do just that. Here are the ones dermatologists agree are worth investing time (and money) in.

### Sephora Shea Lip Mask

When it comes to lip masks, Sephora has some of the best bargains. Though less than the price of a grande latte, the treatment hydrates, soothes, smooths, and contours with just one use. "This inexpensive lip mask will hug your lips while it hydrates" says **Anna Guanche, a dermatologist at the Bella Skin Institute.**

### Patchology FlashPatch Hydrating Lip Gels

If you have five minutes to spare, these lip masks provide deep hydration, thanks to niacinamide, peptides, and green tea extract which deliver a concentrated dose of healing antioxidants, says Guanche.

<https://www.oprahmag.com/beauty/skin-makeup/g25607951/best-lip-mask/>