

## Reader's digest

### 13 New Things You Can Do to Get a Perfect Smile

By PJ Feinstein



Eyes may be the windows to your soul, but your smile can make or break a first impression.

Even the busiest among us can find time to brighten their smile with Mobile White, an on-the-go whitening system that plugs into your smartphone. Designed by **Bill Dorfman, DDS**, a cosmetic dentist who also created Zoom Whitening, this travel-friendly kit uses an LED light tray with a USB cord and timer button, so you can whiten your teeth literally anywhere you take your phone.

<https://www.rd.com/health/beauty/get-a-perfect-smile/>