

Reader's Digest

50 Interesting Sex Facts You Probably Didn't Know

We include everything from why wearing socks is sexier than lingerie to how sleeping with your wife can get you ahead with your boss.

By Charlotte Hilton Anderson



Sexually transmitted diseases can be sneaky so even if you think you know your body really well and you're careful with who you sleep with, you may still have one of these dangerous infections, says **Robert Huizenga, MD, author of *Sex, Lies & STDs***. "Far too many people forget the fact that STDs don't always present with obvious tell-tale symptoms," he says. This is why it's so important for all sexually active adults to get regular screenings. This is just one of the things you need to know about having sex in your 40s.

<https://www.rd.com/advice/sex-facts-you-didnt-know/>