

HELLO GIGGLES

20 heavy-duty beauty products that will help minimize your pores By Joline Buscemi | November 7, 2018



We've all got pores, and we mean everyone. But don't let those Instagram close-ups fool you: not all pores are created equal. When it comes down to it, some people are blessed with naturally small pores, while others have pores that are more noticeable.

We hate to be the bearer of bad news, but pore size is genetically determined. So no, you can't technically shrink their natural size, but you can change their appearance. If you notice that they're getting wider, deeper, and clogged, there is something you can do to change that, according to Dr. Ava Shamban, a Beverly Hills dermatologist and the founder of Skin Five.

"Pores are the openings to the sebaceous glands and become large when the sebaceous glands are producing a lot of oil."

She said that shrinking the underlying oil glands can help pores appear smaller, which is possible with the help of "lasers or a medication that applied topically to the skin and is absorbed by the oil glands." Another tip? Dr. Shamban recommended using an exfoliating skin



cleanser that has salicylic acid, AHAs, or retinoids. These powerful ingredients will help to minimize the look of pores.

Because there's an overwhelming amount of pore shrinking products to shop, we rounded up 20 of best ones. From drugstore faves to splurge-worthy items, there's a little something for everyone.

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