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Whiten Teeth At Home With These Products

By Julie Loffredi | November 1, 2018



Want whiter teeth without visiting the dentist chair? There are plenty of over-the-counter solutions for brightening teeth. Here are some featured items on Amazon and Sephora right now. Of course, before trying any teeth whitening methods, consult your dentist.

Gel and LED light tray



Mobile White, \$80, Amazon

Mobile White is a 20-minute teeth whitening kit to be used in the comforts of your own home. The kit comes with whitening gel and LED light trays that are powered by your smartphone. **Celebrity Dentist Dr. Bill Dorfman** in-office whitening is fast and effective, but not everyone has the time or money to do it.

"Mobile White has proven to have great results in the at-home whitening category – it's effective for initial whitening or even to prolong the results following an in-office treatment."

<https://www.forbes.com/sites/julieloffredi/2018/11/01/whiten-teeth-at-home-with-these-products/#352c35201a38>