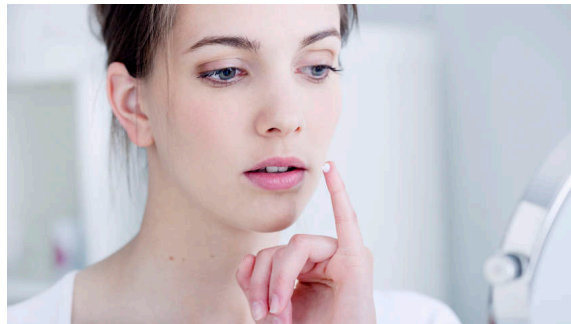


Health

The 7 Best Products to Clear Up a Cystic Pimple

They're unsightly, painful, and downright hard to get rid of—if you guessed we're referring to cystic acne, you're right. But fear not: We've got our derms on speed dial to help clear things up, literally.

By: Lisa DeSantis | December 18, 2017



The struggle is so real when one of these little buggers crops up. These deep, under-the-skin pimples can be extremely painful, not to mention tough to treat. To save you a trip to the derm when you're in a pinch, we rounded up their favorite over-the-counter cleansers, serums, and spot treatments to help banish cystic acne fast.

1 Neutrogena Oil-Free Acne Wash

"It's important to be in the practice of cleansing skin regularly to prevent oil and dirt buildup. This cleanser is a great one for those prone to breakouts because it has salicylic acid (which helps open up clogged pores) and is also anti-inflammatory."

—**William Kwan, MD**, a San Francisco-based dermatologist specializing in ethnic skin

To buy: \$18 for 3; amazon.com



<http://www.health.com/beauty/cystic-acne-breakouts-treatment-dermatologists>