

## InStyle

### The Best Skincare Products for Eczema-Prone Skin, According to Dermatologists

Victoria Moorhouse | August 18, 2017

Applying beauty products isn't supposed to ignite a flame of intense anxiety, but when you have eczema-prone skin and the wrong ingredient can flare up an itchy red rash and a lot of sensitivity, the simplest act of cleansing can be understandably stressful.



Because ditching your serum or moisturizer isn't a solution at all (in fact, regular hydration actually *helps* eczema), we reached out to top dermatologists for their thoughts on the best skincare products to use when you're dealing with this chronic skin condition.



#### Avene Skin Recovery Cream

This cream doesn't lack moisture, that's for sure, but it delivers the TLC in the most gentle way possible. It's a must-have for eczema-prone skin, according to Beverly Hills-based dermatologist and founder of SKINxFIVE, Dr. [Ava Shamban](#).



#### Restorsea Rejuvenating Day Cream

Dr. Ava Shamban also recommends checking out products from Restorsea, as the brand's products are made with an ingredient that's derived from salmon eggs and can be beneficial for eczema.

<http://www.instyle.com/beauty/skin/best-skincare-products-for-eczema#3014573>