

BUSTLE

11 Parts Of Your Body Where Having Hair Is Totally Normal April 11, 2017 | By Carina Wolff



Body hair isn't exactly a sexy topic, but because it's not something that's so frequently discussed — and is so often stigmatized — many women feel uncomfortable dealing with the hair they have on their body. In fact, there may be some "weird" places you have hair that are actually totally normal, but thanks to all that secret hair removal and shame surrounding body hair, you might not realize you're not alone. Body hair is common, even if it's places other than your legs or your armpits.

"People see models without hair in magazines, in commercials, and on TV, and they feel that there is something wrong with them because they have hair in areas where these people seem to not," says Christian Karavolas, owner of NYC's Romeo & Juliet Laser Hair Removal Salon, over email.

Everyone has varying amounts of body hair, and this has to do with your ethnicity, sex, and family history, according to dermatologist Dr. Ava Shamban. Although sometimes excess hair can be a sign of hormonal abnormality, some hair in places that seem strange is perfectly fine. Here are 11 "weird" places you have hair that are very normal.



1) Around The Nipple



If you have hair around your nipple, you're not alone: Over 30 percent of women have hair there, according to Cosmopolitan. "The purpose of the hair around the female nipple is unclear, but it is correlated with the presence of oil glands," says Shamban.

2) Below Your Belly Button



Many women have hair in a line from the bellybutton to the pubis, says Shamban. You might not love your "happy trail," but don't worry, it's totally common.



3) Around The Anus



Hair on the butt and around the anus is 100 percent normal. And it turns out, it actually serves a purpose. According to Seventeen, butt hair prevents chafing between the butt cheeks, and more interestingly, it also traps our unique scent, which can make us more attractive to potential mates (subconsciously, of course).

4) On Your Ears



"Most males have ear hair, and some women are plagued with hair in that area as well," says Karavolas. "Some have excessive hair in the area, which while possibly embarrassing, is not weird at all. Luckily, this area can easily be treated and the hair removed via laser, shaving or tweezing."



5) Lower Back



According to Shamban, having hair around the lower back is quite common. Even if you don't love it in your backless dress, it's no cause for panic.



"Again this area is quite normal, but people do not like it for vanity reasons," says Karavolas. "Nose hair actually protects our nasal passages from infection."

6) Nose



7) Back Of Neck



"This area is touchy for both men and women," says Karavolas. "Men can tend to the hairs on the back of their neck during regular hair cuts, but women can be embarrassed by an excess of hair in the area and choose not to wear their hair up. But in reality, this is not a weird area for extra hair."



8) On The Face



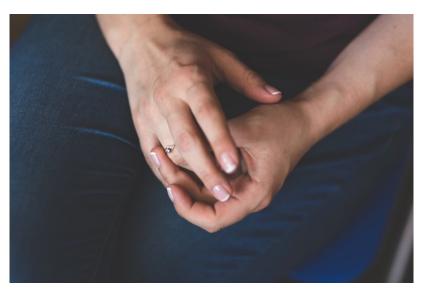
As much of a nuisance as it seems, a little bit of hair on the face for women is normal. "If a woman has excessive facial hair, however, this can be caused by heredity, hormones, medications, and polycystic ovary disease," says dermatologist Dr. Alan J. Parks over email. Some fine hair on the lip or chin, is common, but if the hair is dark or abundant, that would be abnormal, according to Parks.

9) Inner Thighs



"Thick hair growth the inner thighs is usually normal in women," says dermatologist Tsippora Shainhouse MD, FAAD over email. "However, if it doesn't run in your family, your periods are not regular and you have cystic acne and difficulty losing weight, you may have a condition called Polycystic OvarianSyndrome (PCOS)."

10) Fingers





Hair on the fingers? Yep, it's a thing, and perfectly normal. Finger hair is genetic, according to Livescience, and anthropologists believe finger hair is a leftover result of evolution, since ape are covered in hair.

11) Toes



Same goes for the toes — hair there is normal, and many women have it. In fact, a poll done by The Daily Mail found that the number one beauty secret women hide from men is that they pluck or shave hair from their toes.

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