

red **BEAUTY** / SECRETS

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5 beauty tricks I just learned

Our beauty director, Victoria Kirby, has the goods on makeup that brightens, hair care that nourishes, and a genius tip to combat bleary eyes.



NEST FRAGRANCES
Black Tulip eau de parfum, \$72 for 1.7 oz.



L'ORÉAL PARIS Infallible Paints Lipcolor in Orange Envy (top) and Fearless Fuchsia, \$9.99 each.

Two lipcolors together are better than one

I've raided every cosmetics aisle in search of my ideal bold lipstick, but I've yet to find one with the right balance of warm and cool tones. Now I don't have to, because L'Oréal Paris makeup artist Sir John (he works with Beyoncé) showed me a super-easy technique to customize my own hue. "Using two shades of the same creamy lipstick—matte formulas don't work for this—apply a vibrant orangey red on one lip and a bluish pink on the other," he says. "Lightly press your lips together a few times to combine the two." I tried it with these L'Oréal lipsticks, and I was amazed by how pretty and flattering the color was.

How you apply a fragrance matters

If you've ever passed on buying a perfume you like because you worry it'll come on too strong, know this: Nine times out of 10, it's not the fragrance that's too potent, but where you put it on. "Citrus and floral scents can be applied liberally all over, but with a richer exotic blend, stick to just a few discreet spots," advises Laura Slatkin, founder of Nest Fragrances. "Spritz it behind your ears, on the back of your neck, and the backs of your knees *only*." That's what I did with Nest's newest concoction, a sultry blend of black amber plum, patchouli, and pink pepper, and it was sexy in the most perfectly subtle way.

ALMOND MILK STRENGTHENS HAIR

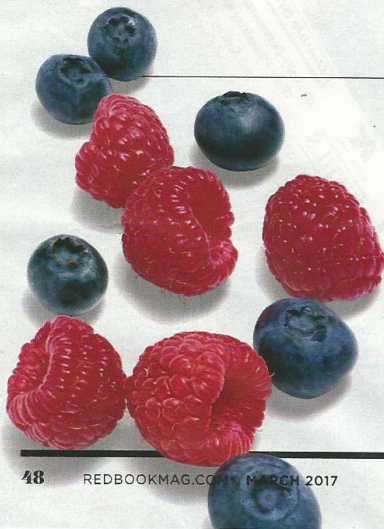
Beauty bloggers with textured hair have raved about using almond milk as a conditioner, so I asked a **derm what science thinks about it.** "Almond milk is high in proteins and vitamins," says **Ava Shamban, M.D., of UCLA's Geffen School of Medicine.** Turns out, these ingredients also help repair dry, damaged hair, which explains why this great Carol's Daughter hair mask is chock-full of the creamy stuff.



CAROL'S DAUGHTER Almond Milk Ultra-Nourishing Hair Mask, \$14 (25 readers will win one; see page 134 for details).

To wake up eyes, put concealer on your lids

With years of makeup-artist interviews under my belt, I've aced how to cover my dark circles. But when Kristofer Buckle (who does Kate Beckinsale's makeup) suggested I swipe concealer on my top lids, too, it was a true eye-opening moment. "Most people have discoloration there, so dabbing it on your lids in addition to under your eyes helps you look wide-awake." He's so right: I've been doing this with Maybelline's new concealer, which has light-reflecting particles for an extra boost of radiance. **MAYBELLINE NEW YORK Dream Creamy Concealer, \$7.99.**



THIS D.I.Y. FACE MASK SOOTHES SENSITIVE SKIN

Winter is no wonderland for your face, so if months of cold, dry weather have left your complexion in need of a little nourishment, try this recipe from famed New York City facialist Cecilia Wong: Mash a handful of blueberries and raspberries in a bowl, then stir in 3 tsp Greek yogurt. Spread the mixture on clean skin and let it sit for 10 minutes, then rinse with tepid water. "The mild enzymes in the berries gently dissolve dead cells, and the yogurt's probiotics help calm sensitive or eczema-prone skin," says Wong. I can personally attest to how fresh and supple you'll look afterward. I also guarantee that any leftover ingredients make for a delicious smoothie.