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These Anti-Aging Extras Will Take Your Skincare to the Next Level

We asked dermatologists about the products and ingredients that get you next-level results.

Jolene Edgar | September 27, 2016

If you're serious about anti-aging—like, syringe-between-the-eyes serious—then your product regimen is likely no joke: your acid-imbued peel pads are of dermatologist-devised potency, your retinoid game couldn't be more on point, and sunscreen is, naturally, your top Subscribe & Save item on Amazon.

Yet you're constantly barraged with—wooed by—the promise of more. Oils, ampoules, and masks rife with gold, stem cells, the rarest of extracts: They're the ancillaries and extras, but are they indispensable? With the help of our discerning skin pros, we've curated a collection of add-ons to elevate even the most conscientious of wrinkle-foiling rituals.

THE ANTI-POLLUTION FACE MASK



Be it a hot blast from an M57 tailpipe, or a menacing pall across the city skyline, air pollution, in all its noxious forms, has been shown to weaken collagen, stir up spots, and sap skin's protective lipids. (The minuscule particles stick to makeup and sunscreen, and worm their way into pores.) Which is why LA dermatologist **Ava Shamban** urges patients to use a clay- or charcoal-based mask at least once a week to help expunge toxins. The latest ultra luxe versions offer "a gentler way to exfoliate, as they hydrate while doing the dirty work," she says, while also "improving the delivery of any anti-agers you apply after." Tata Harper Purifying Mask (\$65, Sephora.com) blends deep-cleansing clay and probiotics in a soothing aloe base. Bobbi Brown Instant Detox, with seawater and white clay, goes on graphite-colored, cool, and silky—then splashes right off. (\$47, Sephora.com)

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