

# BAZAAR

## LA'S BEST NEW ANTI-AGING SKIN CLINIC IS ALL ABOUT PREVENTION

*SkinsFive is the middle ground between a spa and a derm's office.*



By Alexandra Tunell Jun 22, 2016

Walking out of the spa in a relaxed, Gumby-limbed daze feels good. Really, really good. But how often do you actually leave looking 10 years younger? Everyone knows you've got to go to the derm for that. But, if we're being completely honest, sometimes we just don't want to deal with the mole checks and SPF talk and hour-long chunk out of the day. **Dr. Ava Shamban**, a board-certified dermatologist based out of L.A., gets that, and it's why she

founded **SkinxFive**, a brand new space for targeting the five signs of aging in less time than your lunch break.

SkinxFive offers five dermatologist-designed treatments (plus luxury "extras" like reflexology) for fighting dullness, dehydration, lines, pigmentation and lax skin at every age. There's no downtime, you can be in and out in 20 minutes and prices are relatively affordable, ranging from \$50-500. Dr. Shamban sees it as a "preventative center," and she's urging women in their 20s and 30s to come in often for light maintenance to avoid needing heavy-duty fixes down the line. It's not *quite* drinking from the fountain of youth, but it's as close as you'll get.

Currently, SkinxFive is only in the Pacific Palisades, but there are plans to expand to Silicon Valley and NYC within the first year.

<http://www.harpersbazaar.com/beauty/skin-care/news/a16242/skin-five-dermatology-clinic/>